

Details of Self Learning on Theories of Yoga

Resource Person : Dr.Esakkiappan

Assistant Professor of Physical Education

The M.D.T. Hindu College

Tirunelveli, Tamil Nadu.

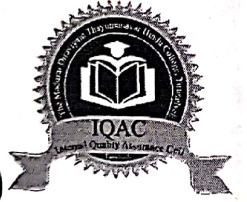
Date : 27.07.2020 & 28.07.2020

Total No. of Participants: **265 Students**

es Bethan Danny
Principal
(1/1)



THE M.D.T.HINDU COLLEGE
(Reaccredited with B+ Grade(3rd Cycle) by NAAC)
(Affiliated to Manonmaniam Sundaranar University)
Tirunelveli - 627 010



Internal Quality Assurance Cell (IQAC)
Self Learning Online Course - 45
Title: Theories of Yoga

Course Coordinator: Dr. C. Esakkiappan
Assistant Professor of Physical Education
The M.D.T. Hindu College

Date & Time :

Day 1 : 27.07.2020, 11a.m onwards

Day 2 : 28.07.2020, 11a.m onwards

Quiz Link : <http://mdthinducollege.org/selflearning/physicaleducation>